



## SACRED HEART CYO BASKETBALL INFORMATION

### **Who is eligible to play?**

- Any 3<sup>rd</sup>-8<sup>th</sup> grade boy or girl in the parish interested in playing basketball.

### **NEW Physical Requirement for all CYO sports:**

- For 2016-2017 sports season, a physical completed on or after January 1, 2016 will be accepted. For the 2017-2018 season and all future years, the physical will need to be dated May 1<sup>st</sup> or after. Please see CYO website to download form and submit to CYO office.

<http://www.cyojwa.org/pre-participation-physical>

### **Basketball season details:**

- Season begins December 3, 2016 through March 4, 2017
- Cost is \$85 per child (plus an additional \$40 yearly fee per child in order to participate in CYO activities, which covers Fall 2016-Spring 2017). Uniforms included.
- Register at <http://www.cyojwa.org/registration>
- Try-outs will be held at Savior Pastoral Center (12601 Parallel Pkwy, Kansas City, KS 66109) on November 2<sup>nd</sup> and 3<sup>rd</sup>

November 2<sup>nd</sup>: 4:15-5:15 (3<sup>rd</sup> and 4<sup>th</sup> grade girls)  
5:00-6:15 (5<sup>th</sup> and 6<sup>th</sup> grade girls)  
6:00-7:15 (7<sup>th</sup> and 8<sup>th</sup> grade girls)  
7:00-8:15 (5<sup>th</sup> and 6<sup>th</sup> grade boys)  
8:00-9:15 (7<sup>th</sup> and 8<sup>th</sup> grade boys)

November 3<sup>rd</sup>: 4:15-5:15 (3<sup>rd</sup> and 4<sup>th</sup> grade boys)  
5:00-6:15 (5<sup>th</sup> and 6<sup>th</sup> grade girls)  
6:00-7:15 (7<sup>th</sup> and 8<sup>th</sup> grade girls)  
7:00-8:15 (5<sup>th</sup> and 6<sup>th</sup> grade boys)

8:00-9:15 (7<sup>th</sup> and 8<sup>th</sup> grade boys)

- **Athletes must be registered and physical completed prior to tryouts**
- Coaches meeting is November 6<sup>th</sup> at 5:00pm in MPC at school
- Practices begin November 7<sup>th</sup>

**Parent expectations:**

- Complete Play Like A Champion program offered by CYO.
- VIRTUS trained
- Parents are the coaches and we need many to guide the youth. If interested, <https://shoj.wufoo.com/forms/cyo-sports-coach/>
- Volunteer at the concession stand which helps support our CYO program.

**Contact basketball coordinators with questions:**

- Boys' coordinator: Chris Zych at [carriezych@yahoo.com](mailto:carriezych@yahoo.com)
- Girls' coordinators: Brian Schenck at [bschenck@stasaints.net](mailto:bschenck@stasaints.net) or Heather Phelps at [hphelps75@yahoo.com](mailto:hphelps75@yahoo.com)